

Can you beat Múinteoir Claire and Múinteoir Niamh? Follow the instructions and answer the questions!

Fill in the missing numbers in the table. Try each exercise three times and take your highest score.

Exercise	M. Niamh	M. Claire	You
How many jumping jacks can you do in 30 seconds?	14	13	
How many times can you throw up and catch a ball in 30 seconds?	12	15	
How many times can you bounce and catch a ball in 30 seconds?	21	16	
How many skips can you do in 30 seconds?	12	19	
How many toe touches can you do in 30 seconds?	11	13	

- Who did more jumping jacks? M. Claire or M. Niamh?

- How many more throw and catches did M. Claire do than M. Niamh? _____
- How many less bounces and catches did M. Claire do than M. Niamh? _____
- How many times did M. Claire and M. Niamh bounce and catch the ball all together? _____
- How many skips did M. Claire and M. Niamh do all together? _____
- How many toe touches did you, M. Claire and M. Niamh do all together? _____
- How many more jumping jack did you do than M. Niamh?

- How many more bounce and catches did you do than M. Claire? _____
- How many more toe touches did you do than M. Niamh?

- Draw a picture of you doing your favourite exercises.